

BIBLE STUDY

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**WHAT  
ARE YOU  
AFRAID  
OF?**

**FACING DOWN YOUR FEARS WITH FAITH**

*Viewer Guides with Answers. What Are You Afraid Of? Bible Study.*

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# WATCH

*COMPLETE THE VIEWER GUIDE BELOW AS YOU WATCH DVD SESSION 1.*

A person who is afflicted with the fear of failure considers the possibility of failing so intense that he chooses not even to take the risk.

## OVERCOMING YOUR FEAR OF FAILURE

1. The principle of divine perspective

2. The principle of divine purpose

The more there is to focus on, the less there is to fear about. The less there is fear, the less there is failure.

3. The principle of divine persuasion

4. The principle of divine priority

Turn to the Word of God and find in it the strong words that will lift you up and set you free from your fear.

5. The principle of divine presence

6. The principle of divine prosperity

Whatever we're afraid of, whatever we're afraid to tackle, if God is with us, we don't have to be afraid.

God's commandments are God's enablements.

# WATCH

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Depression: low spirits, gloomy feelings, dejection, sadness, a condition marked by feelings of worthlessness, failure, and accompanying guilt

## THE EPIDEMIC OF DEPRESSION

More than 1 in 20 American adults are treated for depression during their lives.

Major depression is the leading cause of disability worldwide.

An estimated 121 million people worldwide suffer from depression.

## THE EXPERIENCE OF DEPRESSION

Depression is a human problem, a fact of life that shouldn't surprise us.

## THE EXPRESSION OF DEPRESSION

Job 3

## THE EXAMINATION OF DEPRESSION

Godly people sometimes get depressed.

## THE EXPLANATIONS OF DEPRESSION

1. Situational reasons                      2. Systemic reasons

It is very difficult to feel well emotionally, mentally, and spiritually when you are feeling awful physically.

3. Satanic reasons                              4. Spiritual reasons

## THE ELIMINATION OF DEPRESSION

1. Reveal it.                                      2. Resist it.  
3. Report it.                                      4. Replace it.

## THE EFFECT OF DEPRESSION

Job 23:10

# WATCH

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## WAYS WE BECOME DISCONNECTED

1. The disconnection of isolation

Twenty - seven percent of American households have just one person.

Christians who are isolated from other Christians move toward deterioration.

2. The disconnection of infidelity

3. The disconnection of interference

## WHAT WE NEED WHEN WE'RE DISCONNECTED

1. We need companionship.

2. We need compassion.

3. We need courage.

4. We need Christ.

Life is one long experience of disconnection.

One day those who have refused God's offer of free grace and salvation will be disconnected from God forever.

Jesus was disconnected from God so that we could be connected to Him.

# WATCH

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## PROBABLE ENCOUNTERS WITH DISEASE

When Adam and Eve sinned, sickness became a grim reality. Death became unavoidable.

Disease: any condition that causes pain, dysfunction, distress, social problems, or death

## PRIMARY EXAMPLES OF DISEASE

Paul            Job            Lazarus        The woman with the issue of blood  
Naaman        David        Asa            Jehoram        People of Galilee  
Epaphroditus            Dorcas

## PAINFUL EMOTIONS OF DISEASE

1. The prayer  
Tears and prayer—that's always an understandable response to disease.
2. The prescription  
Medicine and doctors have a part in healing.
3. The problem  
God's perfect will for us may not exempt us from illness, but He knows how to turn all things for what's best for us.

## PRACTICAL ENCOURAGEMENTS OF DISEASE

1. Control your mind.  
Don't let temporal illness steal your eternal peace.
2. Count your blessings.  
The Lord can teach us many lessons in illness that could never be learned in health.
3. Continue your work.  
Going through a rough patch often equips us for further service, and sometimes it allows us to empathize and minister to people who otherwise would never have crossed our paths or been touched by our lives.

# WATCH

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## THE FACT OF DEATH

Psalm 116:15

## THE FACES OF DEATH

1. Physical death

In physical death the spirit and soul leave the body and move either into the presence of God or to isolation from God.

2. Spiritual death

Spiritual death is the separation of the natural man from God.

3. Second death

The second death is the final banishment from God and the final misery of the wicked in hell following the great white throne judgment at the end of the millennium.

If you have been born only once, you will have to die twice. But if you have been born twice, you will have to die only once.

## THE FEAR OF DEATH

1. The prince of death has been defeated.

Because Christ died, we have lives that are forgiven. Because Christ arose, we have lives that are forever.

2. The power of death has been destroyed.

3. The process of death has been described.

4. The picture of death has been developed.

## TRUTHS ABOUT DEATH FROM PSALM 23

1. Death is a journey, not a destination.

2. Death is a shadow, not a reality.

3. Death is lonely, but you're never alone.

You can face death with your faith if you will put your faith in Jesus Christ.

# WATCH

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It's the lack of this discussion of the fear of God that contributes to the mess into which this world is rapidly descending.

The definition of the fear of God extends far beyond the emotion of awe.

## TWO WAYS TO FEAR GOD

1. Awesome dread

2. Astonished devotion

God's greatness and majesty reduce us to an overpowering sense of awe that is not focused only on His wrath and judgment but on His transcendent glory.

## WHY WE SHOULD FEAR GOD

1. Because of who He is

The very nature of God—His unequaled majesty, His unparalleled magnificence, His unmeasured beauty—should cause us to fear Him.

2. Because of what He has done

Perhaps the most spectacular demonstration of God's work in the past is creation itself.

3. Because of what He is doing

Every breath we take is a precious gift of God's sustaining grace. And for that sustenance God deserves our fear—our never-ending devotion.

## PROMISES FOR THOSE WHO FEAR GOD

1. The promise of provision

2. The promise of protection

3. The promise of purity

4. The promise of prosperity

5. The promise of prolonged days