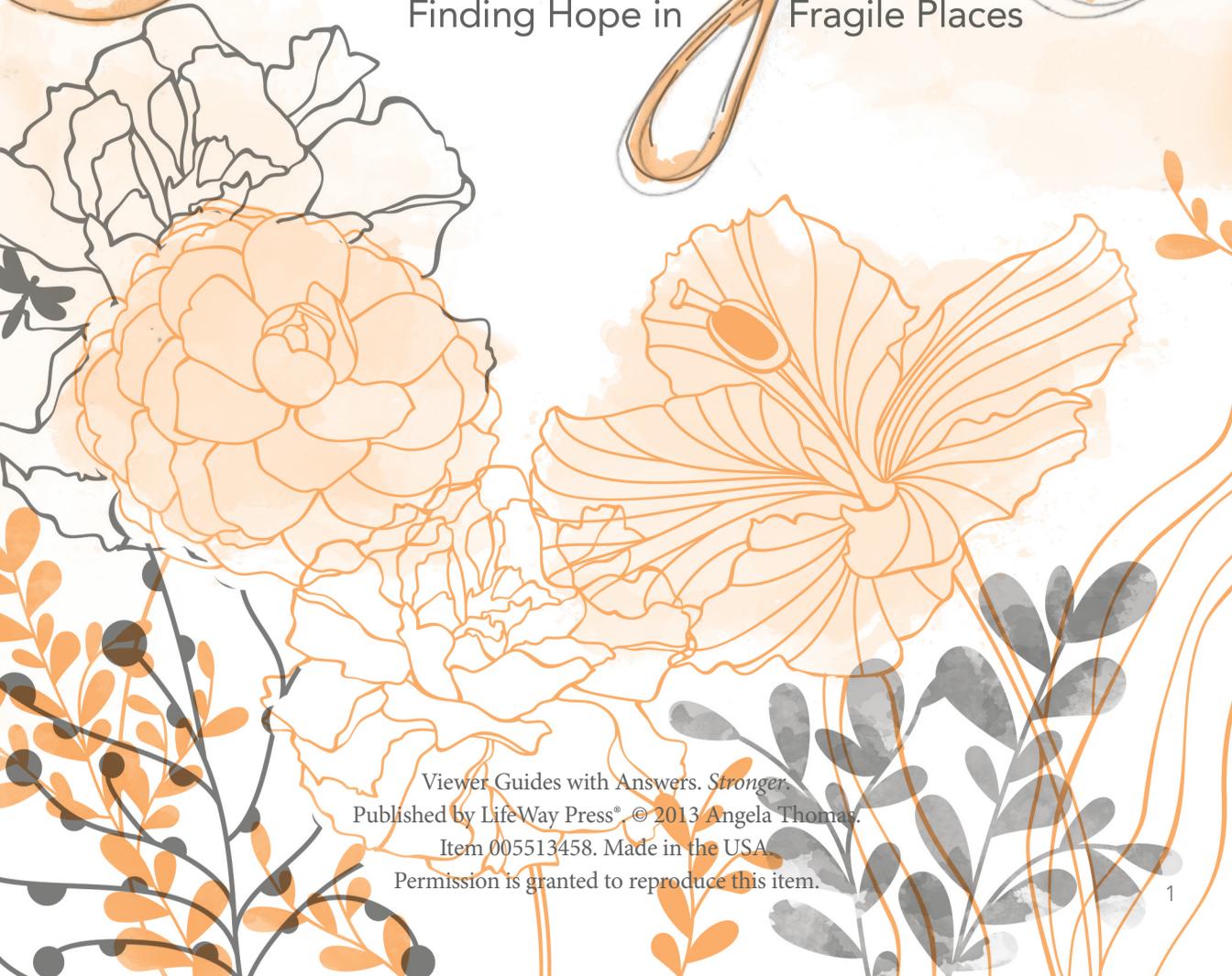


Angela Thomas

Stronger

Finding Hope in Fragile Places



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VIEWER GUIDE SESSION 2

PSALM 84

BLESSED ARE THOSE WHOSE STRENGTH IS IN HIM

Psalm 84:1-4

Pilgrim Psalms

Psalm 84:5-12

1. The psalmist is on a journey to the temple.
2. It points to the Messiah Who is coming.
3. We are given a picture of what it is like to live this life on earth as Christians.

Either you are walking toward eternity with Jesus or you are walking toward eternity without Him.

How will I be one of the blessed whose strength is in God?

Colossians 2:9

Colossians 2:13-15

Colossians 3:11

John 15:5—“You can do nothing without Me” (HCSB).





VIEWER GUIDE SESSION 3

PSALM 84

STRONGER IN HIM

DAVID FOUND STRENGTH IN GOD.

Psalms 18:32; 28:8; 105:4; 118:14; 119; 138:3

WE ARE STRENGTHENED BY GOD.

Isaiah 12:2; 40:31; 58:11; Jeremiah 16:19; Ephesians 3:16; Philippians 4:13; Colossians 1:11; 2 Thessalonians 3:3

WE ARE STRENGTHENED BY THE GOSPEL.

Colossians 2:6-7,9-10

The stronger that we long for is hidden in the truth of the gospel.

If the Lord has said there is no more shame, then lift up your head.

If the Lord has called you forgiven, live in it.

When we live in Him, we are free to obey from this pure heart.

The gospel is the power. Our obedience is the fruit of His power in us.

There is nothing in the gospel that teaches us that what we do precedes how we are accepted.

We are to be stronger because we are walking in the fullness of the Lord.





VIEWER GUIDE SESSION 4

PSALM 84

PASSING THROUGH BACA

Ephesians 2:8

GRACES THAT GOD GIVES THE TRAVELER ON THE JOURNEY

- We set our hearts to go toward God but, truly, we are only responding to the One who set His heart on us first.
- The grace for us is that God doesn't leave us wandering.
- The grace that God has for us is that He keeps coming and He keeps pursuing.

VALLEY OF BACA

- Valley of Baca also called the Valley of Weeping.
- It was a difficult place in the journey. It was a tough road in the journey.
- The Lord—He walks us through Baca.
- The grace is that the Lord has already provided what we need—that He's already ahead of us in this really dark place.
- Dig through the Word of God. Dig deep into the treasure of the Lord until you receive from Him the Living Water that He promises for all who are in the season of Baca.
- When we are in the Valley of Baca and our souls are thirsty and we need the Lord, we dig until His strength becomes ours and the graces that God has promised, He has provided.



VIEWER GUIDE SESSION 5

PSALM 84

THE WORK AND THE JOY OF GOD'S STRENGTH

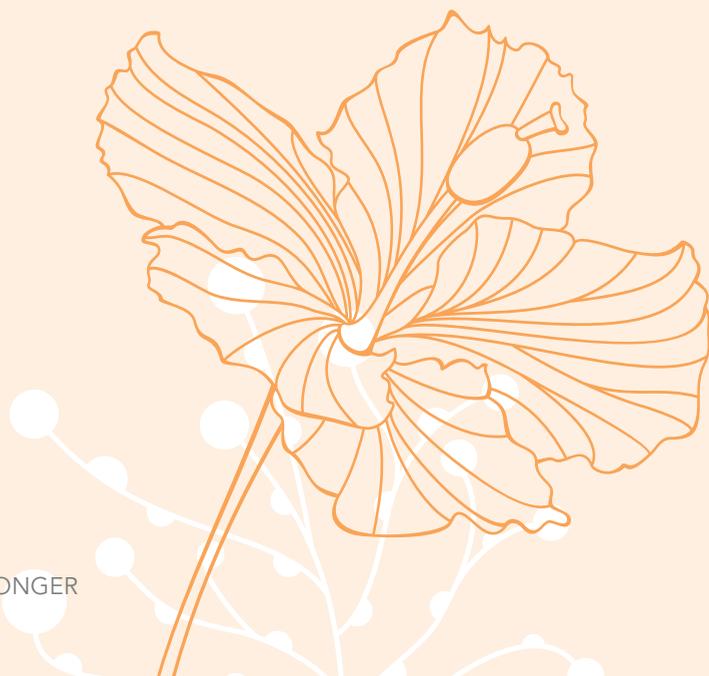
A woman is in Christ because she has believed in Jesus as her Savior.

The Holy Spirit is Christ's representative in your heart, in your mind—the One who's coming to seal you with the truth that you belong to the Lord.

The gospel teaches me that my salvation is a gift.

The gospel teaches me that my obedience to what God has called us to do is the fruit of Christ inside of me.

"The Christian life is gloriously difficult but the difficulty of it does not make us cave in. It rouses us up to overcome." —Oswald Chambers, *My Utmost for His Highest*



VIEWER GUIDE SESSION 6

PSALM 84

MADE STRONGER TO LIVE WITH PASSION

Hebrews 12:1

What would it look like if I were to live in the strength that God provides—a passionate life?

- We are surrounded by a great cloud of witnesses.
- Lay aside every weight.
- Avoid discouragement. Discouragement will hinder a passionate life.
- Center yourself on the truth of the gospel.
- Fight to stay in the strength of the Lord.
- Turn from your sin.
- You have to walk through it to get to God.
- Do not let yourself be entangled in their sin.
- Run with perseverance.





VIEWER GUIDE SESSION 7

PSALM 84

UNTIL WE'RE HOME

Hebrews 12:2

As pilgrims in this world, on this journey toward our eternal home, the one thing we know for sure is that, one day, we will be home.

Let's look at the Lord and how He modeled running this race.

LOOK TO JESUS

He is both the Beginner of this journey that I am making with Him and He is the Finisher.

KEEP HIM IN THE CENTER

Imitate what He has done for me to endure the opposition.

Endure on your journey what comes at you.

